

## recipes from

# George Betz

### *Citrus Marinade*

#### *Ingredients*

*4 Cupd Orange Juice*  
*4 Cups Grapefruit Juice*  
*1 Cup Lemon Juice*  
*1 Cup Lime Juice*  
*1 Cup Garlic, minced*  
*1/2 cup Pepper, black coarse grind*  
*4 cup Blended oil*  
*2 cup water*  
*5 ea bay leaf*  
*1 cup onion diced*  
*1/4 cup coriander ground*  
*1/4 cup annatto seed*

#### *Method:*

*Mix all ingredients*

*Yield: 6 quarts*

*Shelf life: 4 days*

*Storage: refrigerator*